

Grand Oaks Camp Summer 2010 Menus

Monday lunch for those starting camp in the a.m.

Hotdog/Bun
Chili
Potato Chips
Carrots/Celery
Pickles
Cottage Cheese
Ice cream Sandwich

Monday supper

Spaghetti/meat sauce using Contadina Deluxe as the brand
Lettuce with Ranch or Dorothy Lynch Dressing
Garlic Texas Toast
Green Beans
Ice cream Sundaes
Sugar free chocolate cup is available

Tuesday Breakfast

Scrambled Eggs
Bacon
Muffins
Cereal: Total Raisin Bran, Cheerios, Golden Grahams, Cinnamon Toast
Crunch, Choc. Chip cookie, Oatmeal

Tuesday lunch

Chicken Nuggets (all white meat and very good)
Corn
Salad Bar
Chocolate Chocolate Chip Cake Or White Cake

Tuesday supper

Tacos
Nacho chips/cheese
Mexican rice or Refried Beans
Canned sugar free fruit
Apple Crispito or Churro

Wednesday breakfast

Pancakes
Butter/syrup (sugar free is available)
Sausage Patty
Cereal

Wednesday Lunch

Ind. Pizza, choice of cheese, pepperoni, supreme or sausage
Pasta Salad
Salad Bar
Cookie

Wednesday Supper

Fried Chicken
Mashed Potatoes
Gravy
Green Beans or Glazed Carrots
Roll/butter/jelly
Cheesecake, Cobbler, or Fudge nut Bar

Thursday Breakfast

Biscuits
Sausage Gravy
Hashbrown
Hardboiled Egg
Cereal

Thursday lunch

Baked Potato
Salad Bar
Roll
Pudding

Thursday supper

Hamburger/Bun
French Fries
Coleslaw or Baked Beans
Brownie

Friday breakfast

Doughnuts or cinnamon roll
Yogurt
Cereal

You can contact Grand Oaks if you want further info like list of ingredients.

Fresh Fruit is served at most meals if we haven't run out of it before the truck delivery. We don't have a fryer so all meat is oven baked. The chicken has been precooked before we get it.